

**CARLISLE PUBLIC SCHOOLS
ATHLETIC EXPECTATION GUIDELINES**

This form must be returned ASAP. Athletes will NOT be able to participate in try-outs, practice or a game if this form is not filled out and signed by a parent/guardian.

Rules:

- All athletes are expected to attend practices and games. PRACTICE is M, T, W, Th., from 3:05 – 4:30. Athletes MUST have a ride home after practice.
- Sportsmanship and respect are a requirement, not an option.
- Athletes who need extra academic help need to inform their coach – playing time will not be affected.
- The coach and/or the athletic director have the right to suspend athletes for poor behavior or if their grades are in jeopardy.
- Any athlete who is not taking the bus on away games must inform the coach AND have a note/signature from his or her parent or guardian – no phone permission is accepted.
- Athletes should bring their own water bottles.
- Athletes should be prepared for inclement weather i.e. heat, rain, cold, with proper attire for athletics for all practices and games.
- Depending upon the distance, the team should return from away games between 5:30 pm- 6:00 pm. Home games should be finished around 5:15 pm. There will be no adult supervision after these end times. All athletes must be picked up promptly at the end of an event.
- Directions to all fields are on the Carlisle Public Schools website under "Athletics". Please refer to this resource rather than contacting the office: <http://www.carlisle.k12.ma.us/>
- All athletes must pass in their Athletic Participation/Health Record before they can participate in a try-out, practice, game or meet.

Sport: _____

Athlete signature: _____

Parent/guardian signature: _____

Parent/guardian email address: _____